

1. The Rock-Away will ease bowel movements through the rocking activity as controlled by the user, or by an assistant.
2. On those installations where new water closets are being installed, the bottom seat of the Rock-Away will be extended 2 inches and bolted directly to the water closet installations, as are toilet seats presently attached.
3. An additional water closet lid will be provided to close-off the water closet when not in use, on new installations, by lengthening the hinges two inches, in order to fold over and close off the Rock-Away opening.
4. For children and handicapped adults, a moveable Rock-Away chair, with casters, will facilitate the activity described in Claim 1, and at the same time provide for mobility of the chair, plus removal of wastes.
5. Long periods of time can be spent in the Rock-Away Chair getting plenty of exercise, due to horizontal movement, particularly for the lower leg muscles, where clots-causing strokes due to inactivity originate, and partially eliminate the need for diaper changes.
6. Independent Claim: The invention is a toilet seat for encouraging human bowel movements comprising vertically spaced base and seat members which bound a thorough evacuation passage; and means of supporting the seat member on the base member which allows the seat member to rock relative to the base member as the weight of the human occupant is shifted back and forth.
7. The seat of claim (6) wherein the supporting means is defined by sets of 4 coils, compression springs, whereby the seat member may shift laterally as well as rock vertically to the base member.

8. The seat of either claim (6) or claim (7) wherein the base member is adapted to rest upon the existing seat of a toilet; and which includes shiftable attaching means for securing the base member to said existing seat.
9. The seat of any one of claims 6-8, includes a protective cover of elastic material enclosing the base and seat member, and the supporting means.
10. Long periods of time can be spent on the Rock-Away, getting plenty of exercise, due to front to back as well as side to side movement, particularly for the lower leg muscles where clot-causing strokes due to inactivity originate.
11. This Rock Away should lead to a rapid decline in testing for and performing Colostomys prescribed by doctors.
12. Very little toilet tissue would be utilized because the bowel movement would ordinarily not stain the anus.